

# San Diego Sexual Health Resource Guide

## UC San Diego Owen Clinic

4168 Front St. 3rd Floor  
San Diego, CA 92103

### Days of Operation:

Monday - Friday | 8 a.m. - 5 p.m.

### Scheduling Details:

- Call/text (619) 500-7043 for appointment (Ask for Allan)
- No-cost STI/HIV testing & PEP/ PrEP medication via PrEP AP, a program to cover out-of-pocket costs if you're uninsured
- Primary care physician linkage support & early access to the latest treatments available if insured (a unique offering with UCSD!)

## AHF Wellness Clinic

3580 Fifth Avenue 2nd floor  
San Diego, CA 92103  
(619) 837-2100

### Days of Operation:

Monday - Friday | 10 a.m. - 6 p.m.

### Scheduling Details:

- No appointments; all visits are first come, first served
- STI testing & treatment is free through Wellness Clinic
- PEP is free; PrEP is free under PrEP AP program
- If you have a commercial health insurance plan, you will be responsible for an office visit co-pay

## Family Health Center Night Clinic



4094 Fourth Avenue  
San Diego, CA 92103

### Days of Operation:

Monday - Thursday | 5 - 8 p.m.

### Scheduling Details:

- Call (619) 515-2545 for appointment (press 8); walk-ins welcome
- \$25 fee required for consultation, additional fees may be incurred for lab work:
  - HIV tests are free
  - STI testing is low-cost

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## Planned Parenthood Michelle Wagner Center

2017 First Avenue  
San Diego, CA 92101

### Days of Operation:

Mon/Fri | 8 a.m. - 5 p.m.

Tues/Thurs | 9 a.m. - 6 p.m.

Sat | 7:30 a.m. - 4 p.m.

### Scheduling Details:

- Call (888) 743-7526 for appointment
- Walk-ins welcome before 3 p.m.
- Appointment fee varies, depending on status of insurance coverage (fee may be waived).
- Bring photo ID

## San Ysidro Health Teen Clinic

For Ages 12-24

1637 3rd Avenue, Suite K  
Chula Vista, CA 91911

### Days of Operation:

Monday - Friday | 9 a.m. - 4:30 p.m.

(Closed for lunch from 12:30 - 1 p.m.)

### Scheduling Details:

- Call/text (619) 800-8336 for appointment
- Free STI/HIV testing if you sign up for FFACT insurance at clinic
- Walk-ins welcome (call/text ahead for wait time)

## San Diego LGBT Community Center

NEW SERVICE!

3909 Centre Street  
San Diego, CA 92103  
(619) 800-4252

### Days of Operation:

Monday - Wednesday | 10 a.m. - 7 p.m.

### Scheduling Details:

- Call (619) 800-4252 or email [bethegeneration@thecentersd.org](mailto:bethegeneration@thecentersd.org) to schedule an appointment
- Limited walk-in availability for no-cost STI screenings and HIV/HCV testing – call the Welcome Desk at (619) 692-2077 to find out wait times
- No insurance or proof of San Diego residency required

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## Rosecrans STI County Clinic

3851 Rosecrans Street  
San Diego, CA

### Days of Operation:

Mon/Tues/Fri | 7:30 a.m. - 4 p.m.

Weds | 11 a.m. - 7 p.m.

Thurs | 10 a.m. - 4 p.m.

### Scheduling Details:

- Call (619) 692-8300 for appointment on the day you wish to be seen. Their appointment line hours are:
  - Mon/Tues/Fri from 7 - 9:30 a.m.
  - Weds from 10 a.m. - 12:30 p.m.
  - Thurs from 9:30 - 11 a.m.
- \$40 appointment (HIV/STI testing, fee may be waived if you're unable to pay); cash or check only
- Government-issued ID required for STI/HIV testing

## North Coastal Public Health Center

3609 Ocean Ranch Blvd. #104  
Oceanside, CA 92056

### Day of Operation:

Wednesday | 10 a.m. - 5:30 p.m.

### Scheduling Details:

- Call (760) 967-4401 to set an appointment
- No walk-in visits at this time due to COVID-19
- \$40 appointment (HIV/STI testing, fee may be waived if you're unable to pay)
- Cash or check only
- Government-issued ID required for STI/HIV testing

## South Region Public Health Center

690 Oxford Street  
Chula Vista, CA 91911  
(619) 409-3110

### Day of Operation:

Thursday | 12 - 5 p.m.

### Scheduling Details:

- No appointment scheduling; all visits are first come, first served
- \$40 appointment (HIV/STI testing, fee may be waived); cash or check only
- Government-issued ID required for STI/HIV testing